

LIVING WITH & BEYOND CANCER

general cancer support group

Providing patients and their caregivers affected by cancer the opportunity to network with others who share similar experiences. The group offers open and confidential discussions and guest speakers on cancer related topics.

2nd Monday of every month
6:00 pm – 7:30 pm
Danny Talbott Cancer Center
(252) 962-8908

2020 Schedule

All support services included below are free.

WIG PROGRAM

Hair loss due to chemotherapy can be one of the most distressing side effects of chemotherapy. Thanks to the generous donation by our community, UNC Cancer Care at Nash is offering a free wig, while supplies last, to women experiencing hair loss due to chemotherapy.

Call (252) 962-6110 or (252) 962-8962 for an appointment.

FRESH START TOBACCO PROGRAM

An American Cancer Society Tobacco Cessation program offered at the Danny Talbott Cancer Center. This program lasts 4 weeks and is designed to help smokers quit the habit for good.

Individual sessions.
Group sessions available upon request.
Danny Talbott Cancer Center
(252) 962-3473

BREAST PROSTHESIS CLINIC

On-site services by a certified mastectomy fitter who is trained and experienced to assist female breast cancer patients in selecting and fitting the appropriate breast prosthesis/forms and mastectomy bras.

Every other Wednesday from 8:30 – 11:30 a.m.; Sessions by appointment only; (252) 962-6110 or (252) 962-8962

UNC CANCER GENETICS CLINIC VIA TELEMEDICINE

Having a personal or family history of cancer can bring up a lot of questions. We offer a free genetic counseling session with a member of the UNC Cancer Genetics Team offered via Telemedicine to patients with a personal and/or family history of cancer. Genetic counseling may help guide your medical care now or in the future and it may also help provide important information for your family members.

Every other Monday from 9:00am-12:00pm
Sessions available by appointment only
(252) 962-6110 or (252) 962-8962 for Nurse Navigators

CANCER TRANSITIONS: GET BACK TO WELLNESS

A free, five week wellness program designed to assist cancer survivors in making the transition from active treatment to post-treatment care. Experts guide patients through exercise routines, relaxation, stress management, nutrition plans, and long-term medical management options customized to fit their needs.

New sessions are available twice a year.
For more information, contact Delphine Wiggins, MSW
Danny Talbott Cancer Center
(252) 962-8908

MASSAGE THERAPY

Hand and shoulder massage therapy available for patients and caregivers during active treatment. No appointment required.

Danny Talbott Cancer Center
1st & 3rd Tuesdays of the month
10:00 am – 12:00 pm

NASH HEALTH CARE FOUNDATION

All of these services are free to patients diagnosed with cancer. Many of these services are possible by the support of the Nash Health Care Foundation.

To support the Nash Health Care Foundation, please call (252) 962-8585 or visit nashhealthcarefoundation.org

OTHER SUPPORT SERVICES

In the lobby on select days of the month are Pet Therapy, Music Therapy, Nail Care and Smoothie Station.

CONTACT INFORMATION

Medical Oncology, Hematology Infusion Center (252) 962-4156
Radiation Oncology (252) 962-8965